UNITED STATES SECURITIES AND EXCHANGE COMMISSION WASHINGTON, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of the Securities Exchange Act of 1934

Date of Report (Date of earliest event reported): May 4, 2023

	ONE LIBERTY PROPERTIES, INC. (Exact name of Registrant as specified in charte	er)
Maryland	001-09279	13-3147497
(State or other jurisdiction of incorporation)	(Commission file No.)	(IRS Employer I.D. No.)
	ntter Mill Road, Suite 303, Great Neck, New Yo (Address of principal executive offices) (Zip co	
Registra	ant's telephone number, including area code: 510	5-466-3100
Check the appropriate box below if the I of the following provisions (see General Instruction		tisfy the filing obligation of the registrant under any
☐ Written communications pursuant to Rule 42	5 under the Securities Act (17 CFR 230.425)	
☐ Soliciting material pursuant to Rule 14a-12 u	nder the Exchange Act (17 CFR 240.14a-12)	
☐ Pre-commencement communications pursuan	nt to Rule 14d-2(b) under the Exchange Act (17	CFR 240.14d-2(b))
☐ Pre-commencement communications pursuan	nt to Rule 13e-4(c) under the Exchange Act (17	CFR 240.13e-4(c))
Securities registered pursuant to Section	12(b) of the Act:	
Title of each class Common Stock	Trading Symbol(s) OLP	Name of each exchange on which registered New York Stock Exchange
Indicate by check mark whether the region (§230.405) of this chapter) or Rule 12b-2 of the S	strant is an emerging growth company as define ecurities Exchange Act of 1934 (§240.12b-2 of	
Emerging growth company \Box		
If an emerging growth company, indicat with any new or revised financial standards provi		to use the extended transition period for complying $\Delta ct. \ \Box$

Item 2.02 Results of Operations and Financial Condition.

On May 4, 2023, we issued a press release announcing our results of operations for the quarter ended March 31, 2023. The press release is attached as Exhibit 99.1 to this Current Report on Form 8-K.

This information and the exhibit attached hereto are being furnished pursuant to Item 2.02 of Form 8-K and are not to be considered "filed" under the Securities Exchange Act of 1934, as amended (the "Exchange Act"), and shall not be incorporated by reference into any previous or future filing by the registrant under the Securities Act of 1933, as amended, or the Exchange Act, except as shall be expressly set forth by specific reference in such filing.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits.

Exhibit No.	Description of Exhibit
99.1	Press release dated May 4, 2023.
101	Cover Page Interactive Data File - the instance document does not appear in the Interactive Data File because its XBRL tags are embedded within the Inline XBRL document.
104	Cover Page Interactive Data File - the cover page XBRL tags are embedded within the Inline XBRL.
	1

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Date: May 4, 2023

ONE LIBERTY PROPERTIES, INC.

By: /s/ David W. Kalish
David W. Kalish Senior Vice President and Chief Financial Officer



ONE LIBERTY PROPERTIES REPORTS FIRST QUARTER 2023 RESULTS

- Rental Income Grew 7.0% Year-over-Year -

GREAT NECK, New York, May 4, 2023 — One Liberty Properties, Inc. (NYSE: OLP), a real estate investment trust focused on net leased properties, today announced operating results for the quarter ended March 31, 2023.

"We are pleased that the work we have undertaken the past few years to transform our holdings toward owning a greater percentage of industrial properties is contributing in a positive manner" stated One Liberty's President and Chief Executive Officer, Patrick J. Callan, Jr. "We are also proud that our portfolio produced 7.0% growth in rental income for the first quarter of 2023 in a challenging macro-economic environment marked by rising rates. As we move forward, we remain focused on adding to our growth in a disciplined manner and continuing to selectively monetize assets where we can realize strong gains or that we believe have reached their full potential."

Operating Results:

Rental income grew 7.0% to \$23.0 million in the first quarter of 2023 from \$21.5 million in the first quarter of 2022. This growth is due primarily to increases in rental income from same store properties and to a lesser extent, the net benefit of select acquisitions and dispositions.

Total operating expenses were \$14.4 million in the first quarter of 2023 compared to \$13.4 million for the first quarter of 2022. The change is primarily due to the properties acquired in 2022 and the related increases in real estate and depreciation and amortization expense.

Net income attributable to One Liberty in the first quarter of 2023 was \$5.4 million, or \$0.25 per diluted share, compared to \$9.3 million, or \$0.44 per diluted share, in the first quarter of 2022. Net income for the 2023 quarter includes a \$1.5 million, or \$0.07 per diluted share, gain-on-sale of real estate. Net income for the 2022 quarter includes a \$4.6 million, or \$0.22 per diluted share, gain on sale of real estate, and a \$918,000, or \$0.04, per share, insurance recovery.

Funds from Operations, or FFO¹, was \$10.1 million, or \$0.47 per diluted share, for the first quarter of 2023, compared to \$10.6 million, or \$0.50 per diluted share, in the first quarter of 2022. The decrease is due primarily to the inclusion, in the 2022 quarter, of the \$918,000 of insurance recovery and increases, in the 2023 quarter, in operating and interest expense; the decrease in FFO was offset by an increase in rental income.

Adjusted Funds from Operations, or AFFO, was \$10.8 million, or \$0.50 per diluted share, for the quarter ended March 31, 2023, compared to \$10.7 million, or \$0.50 per diluted share, for the corresponding quarter in the prior year. The change in AFFO is due to the factors contributing to the changes in FFO excluding the impact of the insurance recovery and straight-line rent accruals.

^{1.} A description and reconciliation of non-GAAP financial measures (i.e., FFO and AFFO) to GAAP financial measures is presented later in this release.



Dispositions:

In February 2023, the Company sold a restaurant property located in Hauppauge, New York for \$4.1 million and recognized a \$1.5 million gain. This property contributed \$55,000 of rental income and \$19,000 of depreciation in the three months ended March 31, 2022. The Company used the net proceeds from the sale to reduce the outstanding balance on its credit facility.

Balance Sheet:

At March 31, 2023, the Company had \$7.0 million of cash and cash equivalents, total assets of \$771.1 million, total debt of \$417.8 million, and total One Liberty Properties, Inc. stockholders' equity of \$313.7 million.

At May 1, 2023, One Liberty's available liquidity was \$87.9 million, including \$7.9 million of cash and cash equivalents (including the credit facility's required \$3.0 million average deposit maintenance balance) and \$80.0 million available under the facility. The credit facility is currently available for the acquisition of commercial real estate, repayment of mortgage debt, and up to \$31.5 million is available for renovation and operating expense purposes.

Non-GAAP Financial Measures:

One Liberty computes FFO in accordance with the "White Paper on Funds from Operations" issued by the National Association of Real Estate Investment Trusts ("NAREIT") and NAREIT's related guidance. FFO is defined in the White Paper as net income (calculated in accordance with GAAP), excluding depreciation and amortization related to real estate, gains and losses from the sale of certain real estate assets, gains and losses from change in control, impairment write-downs of certain real estate assets and investments in entities where the impairment is directly attributable to decreases in the value of depreciable real estate held by the entity. Adjustments for unconsolidated partnerships and joint ventures are calculated to reflect FFO on the same basis. In computing FFO, management does not add back to net income the amortization of costs in connection with its financing activities or depreciation of non-real estate assets.

One Liberty computes AFFO by adjusting from FFO for straight-line rent accruals and amortization of lease intangibles, deducting from income additional rent from ground lease tenant, income on settlement of litigation, income on insurance recoveries from casualties, lease termination and assignment fees, and adding back amortization of restricted stock and restricted stock unit compensation expense, amortization of costs in connection with its financing activities (including its share of its unconsolidated joint ventures), debt prepayment costs and amortization of lease incentives and mortgage intangible assets. Since the NAREIT White Paper does not provide guidelines for computing AFFO, the computation of AFFO varies from one REIT to another.



One Liberty believes that FFO and AFFO are useful and standard supplemental measures of the operating performance for equity REITs and are used frequently by securities analysts, investors and other interested parties in evaluating equity REITs, many of which present FFO and AFFO when reporting their operating results. FFO and AFFO are intended to exclude GAAP historical cost depreciation and amortization of real estate assets, which assumes that the value of real estate assets diminish predictability over time. In fact, real estate values have historically risen and fallen with market conditions. As a result, management believes that FFO and AFFO provide a performance measure that when compared year-over-year, should reflect the impact to operations from trends in occupancy rates, rental rates, operating costs, interest costs and other matters without the inclusion of depreciation and amortization, providing a perspective that may not be necessarily apparent from net income. Management also considers FFO and AFFO to be useful in evaluating potential property acquisitions.

FFO and AFFO do not represent net income or cash flows from operating, investing or financing activities as defined by GAAP. FFO and AFFO should not be considered an alternative to net income as a reliable measure of our operating performance nor as an alternative to cash flows from operating, investing or financing activities as measures of liquidity. FFO and AFFO do not measure whether cash flow is sufficient to fund all of the Company's cash needs, including principal amortization, capital improvements and distributions to stockholders.

Management recognizes that there are limitations in the use of FFO and AFFO. In evaluating the Company's performance, management is careful to examine GAAP measures such as net income and cash flows from operating, investing and financing activities.

Forward Looking Statement:

Certain information contained in this press release, together with other statements and information publicly disseminated by One Liberty Properties, Inc. is forward looking within the meaning of Section 27A of the Securities Act of 1933, as amended, and Section 21E of the Securities and Exchange Act of 1934, as amended. We intend such forward looking statements to be covered by the safe harbor provision for forward looking statements contained in the Private Securities Litigation Reform Act of 1995 and include this statement for the purpose of complying with these safe harbor provisions. Forward looking statements, which are based on certain assumptions and describe our future plans, strategies and expectations, are generally identifiable by use of the words "may," "will," "could," "believe," "expect," "intend," "anticipate," "estimate," "project," or similar expressions or variations thereof. Information regarding important factors that could cause actual outcomes or other events to differ materially from any such forward looking statements appear in the Company's Annual Report on Form 10-K for the year ended December 31, 2022 and the reports filed with the Securities and Exchange Commission thereafter; in particular, the sections of such reports entitled "Cautionary Note Regarding Forward Looking Statements", "Risk Factors" and "Management's Discussion and Analysis of Financial Condition and Results of Operations", included therein. In addition, estimates of rental income for 2023 exclude any related variable rent, anticipated property purchases and/or sales may not be completed during the period indicated or at all, and estimates of gains from property sales are subject to adjustment, among other things, because actual closing costs may differ from the estimated costs. You should not rely on forward-looking statements since they involve known and unknown risks, uncertainties and other factors which are, in some cases, beyond the Company's control and which could materially affect the Company's results of ope



About One Liberty Properties:

One Liberty is a self-administered and self-managed real estate investment trust incorporated in Maryland in 1982. The Company acquires, owns and manages a geographically diversified portfolio consisting primarily of industrial and retail properties. Many of these properties are subject to long-term net leases under which the tenant is typically responsible for the property's real estate taxes, insurance and ordinary maintenance and repairs.

Contact:

One Liberty Properties Investor Relations Phone: (516) 466-3100

www.onelibertyproperties.com

(23/olp press release/OLP Q1 Earnings 2023 Rev 2)

ONE LIBERTY PROPERTIES, INC. CONDENSED BALANCE SHEETS (Amounts in Thousands)

	(Unaudited) March 31, 2023		December 31, 2022	
ASSETS				
Real estate investments, at cost	\$	872,604	\$	879,596
Accumulated depreciation		(175,153)		(173,143)
Real estate investments, net		697,451		706,453
Property held-for-sale		2,783		_
Investment in unconsolidated joint ventures		10,484		10,400
Cash and cash equivalents		7,016		6,718
Unbilled rent receivable		16,710		16,079
Unamortized intangible lease assets, net		18,541		19,841
Other assets		18,158		23,764
Total assets	\$	771,143	\$	783,255
LIABILITIES AND EQUITY				
Liabilities:				
Mortgages payable, net	\$	406,946	\$	405,162
Line of credit-outstanding, net of \$686 and \$732 of deferred financing costs, respectively		10,814		21,068
Unamortized intangible lease liabilities, net		10,824		11,125
Other liabilities		27,858		28,963
Total liabilities		456,442		466,318
Total One Liberty Properties, Inc. stockholders' equity		313,716		315,965
Non-controlling interests in consolidated joint ventures		985		972
Total equity		314,701		316,937
Total liabilities and equity	\$	771,143	\$	783,255

ONE LIBERTY PROPERTIES, INC. (NYSE: OLP) (Amounts in Thousands, Except Per Share Data) (Unaudited)

		Three Months Ended March 31,		
	2023	2022		
Revenues:		0.1.50		
Rental income, net	\$ 22,952			
Lease termination fees	22.052	25		
Total revenues	22,952	21,556		
Operating expenses:				
Depreciation and amortization	6,145			
General and administrative	4,039	/		
Real estate expenses	4,124			
State taxes	68			
Total operating expenses	14,376	13,396		
Other operating income				
Gain on sale of real estate, net	1,534			
Operating income	10,110	12,809		
Other income and expenses:				
Equity in earnings of unconsolidated joint ventures	85			
Other income	15	926		
Interest:				
Expense	(4,600			
Amortization of deferred financing costs	(202) (205		
Net income	5,408	9,340		
Net income attributable to non-controlling interests	(22)(17		
Net income attributable to One Liberty Properties, Inc.	\$ 5,386	\$ 9,323		
Net income per share attributable to common stockholders-diluted	\$ 0.25	\$ 0.44		
Funds from operations - Note 1		0 10 624		
	\$ 10,113			
Funds from operations per common share-diluted - Note 2	\$ 0.47	\$ 0.50		
Adjusted funds from operations - Note 1	\$ 10,803	\$ 10,654		
Adjusted funds from operations per common share-diluted - Note 2				
Adjusted fullus from operations per common share-unitied - 1voic 2	\$ 0.50	\$ 0.50		
Weighted average number of common shares outstanding:				
Basic	20,514	20,379		
Diluted	20,579	20,541		
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6				

ONE LIBERTY PROPERTIES, INC. (NYSE: OLP) (Amounts in Thousands, Except Per Share Data) (Unaudited)

	Three Months Ended March 31,		
		2023	2022
Note 1:			
NAREIT funds from operations is summarized in the following table:			
GAAP net income attributable to One Liberty Properties, Inc.	\$	5,386	\$ 9,323
Add: depreciation and amortization of properties		5,969	5,725
Add: our share of depreciation and amortization of unconsolidated joint ventures		130	130
Add: amortization of deferred leasing costs		176	118
Add: our share of amortization of deferred leasing costs of unconsolidated joint ventures		4	5
Deduct: gain on sale of real estate, net		(1,534)	(4,649)
Adjustments for non-controlling interests		(18)	(17)
NAREIT funds from operations applicable to common stock		10,113	10,635
Deduct: straight-line rent accruals and amortization of lease intangibles		(893)	(567)
Deduct: our share of straight-line rent accruals and amortization of lease intangibles of unconsolidated joint			
ventures		(5)	(8)
Deduct: income on insurance recovery from casualty loss		-	(918)
Deduct: lease termination fee income		-	(25)
Add: amortization of restricted stock and RSU compensation		1,328	1,325
Add: amortization of deferred financing costs		202	205
Add: amortization of lease incentives		31	-
Add: amortization of mortgage intangible asset		23	-
Add: our share of amortization of deferred financing costs of unconsolidated joint ventures		4	4
Adjustments for non-controlling interests		_	3
Adjusted funds from operations applicable to common stock	\$	10,803	\$ 10,654
Note 2:			
NAREIT funds from operations is summarized in the following table:			
GAAP net income attributable to One Liberty Properties, Inc.	\$	0.25	\$ 0.44
Add: depreciation and amortization of properties		0.27	0.26
Add: our share of depreciation and amortization of unconsolidated joint ventures		0.01	0.01
Add: amortization of deferred leasing costs		0.01	0.01
Add: our share of amortization of deferred leasing costs of unconsolidated joint ventures		-	-
Deduct: gain on sale of real estate, net		(0.07)	(0.22)
Adjustments for non-controlling interests		` -	` -
NAREIT funds from operations per share of common stock-diluted (a)		0.47	0.50
Deduct: straight-line rent accruals and amortization of lease intangibles		(0.04)	(0.03)
Deduct: our share of straight-line rent accruals and amortization of lease intangibles of unconsolidated joint		(0.01)	(0.05)
ventures		-	-
Deduct: income on insurance recovery from casualty loss		-	(0.04)
Deduct: lease termination fee income		-	-
Add: amortization of restricted stock and RSU compensation		0.06	0.06
Add: amortization of deferred financing costs		0.01	0.01
Add: amortization of lease incentives		-	-
Add: amortization of mortgage intangible asset		-	
Add: amortization of mortgage intangible asset Add: our share of amortization of deferred financing costs of unconsolidated joint ventures		-	-
		- - -	- - -

⁽a) The weighted average number of diluted common shares used to compute FFO and AFFO applicable to common stock includes unvested restricted shares that are excluded from the computation of diluted EPS.